

Welcome to our monthly update! Look for updates at the beginning of each month.

UPCOMING CHAPTER EVENTS

Check out the 2023 Chapter Calendar of Events Here.

As a reminder, webinars and Coffee Conversations are included with your membership.

Fall into 2024 Mini-Seminar:

We are excited to invite you to be a part of our new Fall into 2024 Mini-Seminar on Thursday, September 21, 7:30 - 10:30 a.m. at the Golden Valley Country Club. There is a lot going on in the HR and Benefits world right now, so we thought a fall get together would be valuable. This event will include two education sessions, Cannabis in the Minnesota Workplace and 2024 Compliance Planning, and an opportunity to network with your peers. This is an in-person event, and we cannot wait to see our members, partners and the benefits community there. These sessions are good for 2 CEBS Compliance Credits and pending approval for 2 hours of continuing education credit from the state of Minnesota. Register today!

Members Only Coffee Conversation - Employee's Mental Health: What is Working, What Isn't?: Join us for a virtual Coffee Conversation on Thursday, September 14 at 10 a.m. As a group, we will reflect on what tools we are using to meet employee's mental health needs and what you find that is working and what is not working. This discussion will be an opportunity to ask questions to your local HR nears above what your huntings is doing and shore any action you plan to take in the payt plan year.

peers, share what your business is doing, and share any action you plan to take in the next plan year.

Feel free to join and listen in, even if you are unfamiliar with the topic. This session is for Chapter members only and is free to attend. It is good for 1 CEBS Compliance Credit. Join us!

2023 Symposium Highlights

The 42nd Annual ISCEBS Symposium, held August 20 - 23 in Seattle, Washington, was a fantastic educational and networking event. We had 16 Chapter and local attendees at the Symposium and three education sessions presented by Chapter members! During the Symposium, the Chapter hosted a happy hour at Yard House. What a fun time!







2025 SYMPOSIUM IN MINNEAPOLIS!

We are excited to announce that the Symposium will be held in Minneapolis in 2025. Mark your calendars now for September 14 - 17, 2025 at the Hyatt Regency Minneapolis!

REFER A NEW CHAPTER MEMBER - EARN A FREE CHAPTER MEMBERSHIP!

We are beginning our planning process for the upcoming 2024 membership drive. We need your help to maintain and hopefully, increase our membership levels. Here is how you can help and earn a free Chapter Membership!

We are actively trying to expand our reach to find those individuals, who may be in new roles, with new organizations or new to our industry, who could benefit from the CEBS curriculum and potentially become members. We are offering a very special promotion only to current Chapter members. If you refer someone to us who is not currently a Society and Chapter member and they decide to join as a Society and Twin Cities Chapter member for 2024, you will earn a FREE Chapter Membership when you renew your 2024 Society and Chapter membership! This is an immediate \$60 value!

How It Works —It Is Easy!

Forward membership referrals to tciscebs@gmail.com anytime between now through March 1st, 2024. All you need to provide for each referral: referral's name, organization, email, and phone number, if available.

The Chapter will reach out to each referral and be sure they have all the information needed to consider membership and registering for a CEBS course. We will coordinate with the Society and provide the referral information. Should your referral decide to join, the Society will have the information to credit your Chapter membership fee when you renew.

As a reminder, to be eligible for membership you only need to have *registered* for a CEBS course. You do not need to have completed a course at the time of joining.

Please feel free to submit as many referrals as possible. Start today!

ISCEBS RESOURCES AND EDUCATION

Mindfulness Toolkit:

Fall is open enrollment season for many of us, quickly followed by year end. For many benefits professionals, this is the busiest and most stressful time of the work year. Take a few minutes for yourself and check out the mindfulness toolkit during this busy time.

Webcasts:

Check out all the live and recorded ISCEBS <u>webcasts</u> and Chapter Webcast Committee <u>webcasts</u>, included with membership! Recent and upcoming topics include motivating change, mental health parity quidance, and pension obligation bonds.

Interested in helping Twin Cities ISCEBS provide education for you and your peers?

Great, you can do that by joining the Twin Cities ISCEBS Education Committee in 2024. We are now taking solicitations from interested members. Please send an email expressing your interest and any questions that you may have to tciscebs@gmail.com by October 31st

Have a benefit question? Get customized, just-in-time answers and resources from the <u>Information</u>
<u>Center.</u> This time saving service is included with ISCEBS membership!

CONNECT WITH US

Visit us at <u>tciscebs.org</u>. Follow our <u>Twin Cities Chapter of ISCEBS LinkedIn Page</u>. Connect with us at our <u>LinkedIn Group</u> and on <u>Facebook</u> or Twitter <u>@TCISCEBS</u>.

We appreciate your involvement with our Chapter. Thank you to our sponsors!

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